INTERNATIONAL MANAGEMENT & SPORTS COLLEGE

223 Mountbatten Road #03-15/16/17/18 Singapore 398008

SCAN ME

Diploma in Sports Science and Management

WHY CHOOSE IMSC?

High Employability
Prepare students to meet the needs of the future industry

Industry Relevance
Industry experts to help keep our programmes relevant

Industry Recognition
Received endorsements from industry-leading organisations

International Partners
Established partnerships and worked with industry-leading education institutions

COURSE OVERVIEW

The Diploma in Sports Science and Management is designed to provide well-rounded knowledge and skills in the area of Sports Science and Sports Management. At the end of the course, students will demonstrate both practical and theoretical understanding of various topics in these fields. This will provide a strong foundation for further education and also prepare students for work in the industry.

JOB PROSPECTS

- Competition Manager
- Talent/Sports Development Manager
- Sports Administrator
- Sports Marketing Executive
- Sports/Events Management Executive
- Sports Scientist
- Exercise Physiologist
- Fitness Centre Manager
- Strength and Conditioning Trainer
- Sports Therapist
- Gym Manager
- Sports Coach
- Health Promotion Specialist

edutrust SINGAPORE

Certificate No. EDU-2-2149
Validity: 11 April 2026 to 10 April 2030

RCB No. 200305869C | Exp: 13 July 2026 - 12 July 2028

@ IMSC

@ int.mgmt.and.sports.college

Visit us at : www.imsc.edu.sg/imscdip-sport-science-mgmt

Contact us at : +65 6423 0668 or **info@imsc.edu.sg.**

INTERNATIONAL MANAGEMENT & SPORTS COLLEGE

Diploma in Sports Science and Management
www.imsc.edu.sg

Entry Requirements

Age	• Minimum 17 years old
Academic Qualification	• IMSC Certificate in Fitness Management; or • 1 GCE 'A' Level Pass; or • Diploma Graduate; or • Grade 12 Certificate; or equivalent
English Language Proficiency	• GCE 'O' Level Pass in English at C6 and above; or • IELTS 5.5 and above; or • TOEFL 56 and above; or • Pearson Test of English (PTEA) 48 and above; or • Duolingo English Test Score (DET) score of 85 and above; or • Pass in IMSC Language Literacy and Numeracy (LLN) Test

Intake

Quarterly intake. Please contact IMSC for specific intake dates.

Fees *

Local Students $ 6,867.00
*Including application fees and Fee Protection Scheme fees; excluding medical insurance (optional) and miscellaneous fees (payable only if applicable)

International Students $ 7,815.30
*Including application fees, Fee Protection Scheme fees and medical insurance (compulsory); excluding miscellaneous fees (payable only if applicable)

Duration

(3 - 4 hours x 5 days a week)

Full - Time	6 Months
Part - Time	8 Months
Industrial Attachment ***(compulsory)***	Up to 6 Months

Recognitions

Students who complete IMSC's Diploma in Sports Science and Management will obtain direct waiver from Coach SG for the following programmes:

1. Foundational Sports Science (FSS)
2. Intermediate Sports Science (ISS)

COMPULSORY CORE MODULES

No.	Module Title
1	Sport Administration
2	Sport Marketing
3	Sports Facilities and Events Management
4	Human Anatomy and Physiology
5	Sport Psychology
6	Sport Nutrition
7	Strength and Conditioning
8	Biomechanics and Sport Technology

Enrollment

Contact IMSC at 6423 0668 or info@imsc.edu.sg.

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UOW MALAYSIA KDU
PART OF THE UNIVERSITY OF WOLLONGONG AUSTRALIA GLOBAL NETWORK
NSCA GLOBAL CHAPTER SINGAPORE
NSCA NATIONAL STRENGTH AND CONDITIONING ASSOCIATION
UNIVERSITY OF PORTSMOUTH

MODULES DESCRIPTION

SPORT ADMINISTRATION

Organisations are constantly in demand for information and expertise to help make big decisions. Learners will be taught the recognized duties of management positions, from an overview of basic supervision skills to focuses on contemporary issues. This module prepares the prospective sport administrator a comprehensive and contemporary introduction to administration, organization, and management principles and their applications in the broad sports settings.

SPORT MARKETING

Sport Marketing focuses on promotion of sports events, team, products and services through sporting events and teams. Today, it even ventures out of sporting events into the corporate world. This module provide learners with knowledge of topics include advertising, promotions, public relations, location, pricing, sponsorships, licensing, market segmentation, and the role of research.

SPORTS FACILITIES AND EVENTS MANAGEMENT

This module involves the study of the principles, guidelines, and recommendations for planning, constructing and maintaining indoor or outdoor sports and fitness facilities. It also examines the principles and skills needed to management sport facilities and the events occurring within them.

HUMAN ANATOMY AND PHYSIOLOGY

This module studies the structure and function of several systems of the human body. Anatomy and physiology understanding forms the fundamentals of various other topics related to sport and exercise fitness. Learners will be exposed to metabolic processes, many body systems, homeostatic control mechanisms and adaptations during exercise.

SPORT PSYCHOLOGY

Sport performance depends on several sport science disciplines. Sport psychology is one that focuses on the experiences, motivation, adherence and mental skills related to sport and exercise. This module aims to provide understanding on psychological concepts and factors that would influence exercise participation and sport performance.

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MODULES DESCRIPTION

SPORT NUTRITION

Sport performers are seeking out every opportunity to improve their sporting achievements. As a result, some are engaging in sport nutrition for optimization of sport and exercise performance. This module aims to provide understanding to principles of nutrition and how these strategies can aid in the enhancement of sport and for health.

STRENGTH AND CONDITIONING

Muscular strength is important for activities of daily living, bone health and better metabolism and posture. Strength training is bread and butter in athletic development, but it should be done with specific plan and purpose. This module aims to provide concept and practice-based understanding of muscular fitness and conditioning, use of periodization and development for different sport and exercise participants.

BIOMECHANICS AND SPORTS TECHNOLOGY

Sport biomechanics is a study of mechanical laws related to the movement or structure of the human body in sporting context. This topic allows us to gain understanding of athletic events through measurements and analysis. This module provide learners the basic mechanical concepts, laboratory equipment and software to study human movements.

INDUSTRIAL ATTACHMENT

Upon completion of all academic modules, students are required to undertake an industrial attachment of up to 6 months with an organization of their choice. The industrial attachment gives students first-hand practical experience and the chance to see what a variety of different jobs are really like, including some the student may not have considered. Students will learn more about the expectations of different roles and develop key competencies needed for employment. Students will be required to submit reports and evaluations during the attachment.

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Fees

LOCAL STUDENTS		
FEES BREAKDOWN		**AMOUNT INCLUDING GST (SGD)**
Academic Fees		
1	Course Fees	$ 6,540.00
	SUB - TOTAL :	**$ 6,540.00**
Others		
2	Application Fees - ***non-refundable***	$ 196.20
3	Fee Protection Scheme (FPS) - ***compulsory***	$ 130.80
	GRAND - TOTAL :	**$ 6,867.00**
4	Medical Insurance - ***optional***	$ 98.10
		$ 6,965.10

Note :

- *Application Fees have to be paid to begin the registration process.*
- *Fee Protection Scheme is compulsory and payable before course commencement.*
- *Instalment payment potentially available for local students.*
- *Medical insurance is optional, depending on whether student has equivalent local insurance coverage.*

MISCELLANEOUS FEES (PAYABLE ONLY IF APPLICABLE)		
PURPOSE OF FEES		**AMOUNT INCLUDING GST (SGD)**
1	Deferment Fees	$ 239.80
2	Re-AssessmentFees ***(per unit)***	$ 163.50
3	Re-Module Fees ***(per module)***	$ 436.00
4	Penalty for Late Payment ***(per week)***	$ 10.90
5	ICA Online Issuance Fee ***(for Student's Pass)***	$ 60.00 - $ 90.00
6	Medical Insurance ***(if applicable)***	$ 98.10
7	IMSC Uniform	$ 32.70
8	Exam Appeal Fee	$ 54.50
9	Renewal of Student's Pass ***(including ICA processing & issuance fee)***	$ 135.00
10	Printing Cost ***(per sheet)***	$ 0.20 - $ 0.40

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Fees

INTERNATIONAL STUDENTS		
FEES BREAKDOWN		**AMOUNT INCLUDING GST (SGD)**
Academic Fees		
1	Course Fees	$ 7,194.00
	SUB - TOTAL :	**$ 7,194.00**
Others		
2	Application Fees - ***non-refundable***	$ 392.40
3	Fee Protection Scheme (FPS) - ***compulsory***	$ 130.80
4	Medical Insurance - ***compulsory***	$ 98.10
	GRAND - TOTAL :	**$ 7,815.30**

Note :

- *Application Fees have to be paid to begin the registration process.*
- *All items except Application Fees must be paid in a single instalment before course commencement.*

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PURPOSE OF FEES		**AMOUNT INCLUDING GST (SGD)**
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About IMSC

Founded in 2003, IMSC stands as one of Singapore's pioneering private educational institutions. It emerged following the privatization of the education division within the former Singapore Sports Council.

We deliver tailored education solutions that transform students into globally competitive professionals and visionary entrepreneurs. Our programs are meticulously designed to align with high-growth industries, ensuring graduates not only secure opportunities but thrive in them.

During its founding days, IMSC was appointed by the United States Sports Academy (USSA) as its sole partner in Singapore to provide quality academic sports certifications and diplomas. Thereafter, IMSC continued to grow from strength to strength, and has diversified into providing professional certifications and education in multiple industries such as business management, hospitality and tourism, sports and wellness, logistics, and many others.

IMSC has persistently emphasized building a formidable international presence. It has attracted students from over 15 countries and has established academic and industry partnerships with esteemed institutions in China, Malaysia, Vietnam, England, Australia, and India. Today, IMSC's programmes can also be found in countries like Malaysia and China.

OUR MISSION

We are committed to becoming Asia's premier education innovator, empowering students with industry-aligned skills that transcend borders

OUR VISION

To lead Asia in building sustainable, global careers

OUR CULTURE

Where success is not quantified by just the result, but rather by the calibre of the pursuit.

OUR VALUES

Passion | Progress | Purpose

Why choose IMSC?

- Industry Readiness – Special emphasis on teaching skills and knowledge necessary for the workforce.
- Access to Higher Education - Our pedagogy is grounded in a curriculum aligned with the latest frameworks adopted by leading universities, ensuring that students acquire relevant, forward-thinking knowledge and are well-prepared for advanced learning.
- Rigorous Curriculum - Provide students with a strong academic foundation that would allow them to pursue higher education.
- Experienced Educators - Our educators are industry practitioners, ensuring students learn workplace-relevant skills and knowledge.

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