INTERNATIONAL MANAGEMENT & SPORTS COLLEGE

223 Mountbatten Road #03-15/16/17/18 Singapore 398008

Certificate in Nursing Aides in Healthcare

SCAN ME

WHY CHOOSE IMSC?

High Employability
Prepare students to meet the needs of the future industry

Industry Relevance
Industry experts to help keep our programmes relevant

Industry Recognition
Received endorsements from industry-leading organisations

International Partners
Established partnerships and worked with industry-leading education institutions

edutrust SINGAPORE

Certificate No. EDU-2-2149
Validity: 11 April 2026 to 10 April 2030

RCB No. 200305869C | Exp: 13 July 2026 - 12 July 2028

COURSE OVERVIEW

The aim for this programme is to introduce the learner on the requirements of becoming a Nursing Aid in the Healthcare Industry that comprise of clinical services, healthcare-related support services and roles of healthcare professionals in this industry. In addition, learners need to understand that the primary goal of a Nursing Aides is to provide quality patient care, while strongly advocating patient's individualized needs with empathy and communication skill.

JOB PROSPECTS

- Certified Nursing Assistant (CNA)
- Home Health Aide (HHA)
- Rehabilitation Aide
- Assisted Living Facilities
- Outpatient Clinics
- School Health Aide

@ IMSC
@ int.mgmt.and.sports.college

Visit us at : www.imsc.edu.sg/cert-in-nursing-aides
Contact us at : +65 6423 0668 or info@imsc.edu.sg.

INTERNATIONAL MANAGEMENT & SPORTS COLLEGE

Entry Requirements

Age	• Minimum 16 years old
Academic Qualification	• 3 GCE 'N' Level Passes at C6 and above; or • NITEC or Higher NITEC; or • Mature candidates (>30 years old), at least 8 years of relevant work experience • High School Graduation Certificate; or equivalent GCE
English Language Proficiency	• GCE 'N' Level Pass in English at C6 and above; or • IELTS 5.0 and above; or • WPLN Literacy Level 5

Intake

Monthly intake. Please contact IMSC for specific intake dates.

Fees *

Local Students	$ 2,550.60

*Including application fees and Fee Protection Scheme fees; excluding medical insurance (optional) and miscellaneous fees (payable only if applicable)

Duration

Full - Time	2 Months (3 hours x 5 days a week)
Part - Time	6 Months (4 hours x 1 day a week)

COMPULSORY CORE MODULES

No.	Module Title
1	Introduction to Nursing Aides
2	First Aid Certification for Nursing Aides
3	Basic Hygiene and Basic Infection Control for Nursing Aides
4	Personal and Daily Care for Elderly for Nursing Aides
5	Self-Care for Nursing Aides
6	Alzheimer's disease and dementia for Nursing Aides

Enrollment

Contact IMSC at 6423 0668 or info@imsc.edu.sg.

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NSCA NATIONAL STRENGTH AND CONDITIONING ASSOCIATION

UNITED STATES SPORTS ACADEMY

UNIVERSITY OF PORTSMOUTH

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MODULES DESCRIPTION

INTRODUCTION TO NURSING AIDES

An introduction to becoming a Nursing Aide in the Healthcare Industry that comprises of, clinical services, healthcare-related support services and the roles of healthcare professionals in this industry. In addition, students need to understand that the primary goal of a Nursing Aide is to provide quality patient care, while strongly advocating a patient's individualized needs with empathy and communication skills.

FIRST AID CERTIFICATION FOR NURSING AIDES

The aim of this unit is to identify the underlying causes of different types of injuries, administer basic immediate first aid without any medical help, perform adult CPR and use the AED and learn foreign body airway obstruction (i.e. choking) management for a conscious or unconscious adult

BASIC HYGIENE AND BASIC INFECTION CONTROL FOR NURSING AIDES

Proficiency in comprehending and delivering training on the importance of maintaining proper hygiene for clients/patients is a fundamental aspect of ensuring safety within healthcare environments. This encompasses various aspects, including correct handwashing techniques, the use of protective gloves, safeguarding the well-being of clients/patients by maintaining their facial and bodily hygiene, and providing education on common infections prevalent in healthcare facilities to Nursing Aides.

PERSONAL AND DAILY CARE FOR ELDERLY FOR NURSING AIDES

Nursing Aides are trained to demonstrate skills in personal care such as assisting in dressing, bathing, assistance with meals and medication, while making a difference to the quality of life for the elderly. As Nursing Aide care is sensitive to the individual, Nursing Aides will be trained to be discreet and to take time to build a close rapport with their clients/patients to make sure it is a more individual and personal experience.

SELF-CARE FOR NURSING AIDES

An initial exploration of the concept of self-care is provided to Nursing Aides. As these professionals may experience physical and emotional exhaustion in the course of their duties, they may encounter a range of health issues, including stress and various physical ailments. Stress, in particular, is a prevalent concern that can lead to burnout, characterized by symptoms such as irritability, fatigue, sleep disturbances, weight fluctuations, feelings of helplessness or hopelessness, and social isolation. Aides will be equipped with coping strategies, which include fostering self-compassion, prioritizing nutrition and quality sleep, and maintaining social connections as essential aspects of self-care.

ALZHEIMER'S DISEASE AND DEMENTIA FOR NURSING AIDES

Awareness and understanding both diseases will provide Nursing Aides with additional support and assistance to work well with seniors. Seniors will be encouraged to be independent and to live a fulfilled life within their healthcare facilities. Nursing Aides will be trained to be competent in skills that will support Seniors with daily routine, and helping those with memory loss to remain independent. Nursing Aides will also be encouraged to show empathy and compassion with quality care using different strategies to support their patients.

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Fees

LOCAL STUDENTS		
FEES BREAKDOWN		**AMOUNT INCLUDING GST (SGD)**
Academic Fees		
1	Course Fees	$ 1,700.40
2	Course Material Fees	$ 196.20
3	Examination Fees	$ 392.40
	SUB - TOTAL :	**$ 2,289.00**
Others		
4	Application Fees - ***non-refundable***	$ 196.20
5	Fee Protection Scheme (FPS) - ***compulsory***	$ 65.40
	GRAND - TOTAL :	**$ 2,550.60**
6	Medical Insurance - ***optional***	$ 98.10
		$ 2,648.70

Note :

Application Fees have to be paid to begin the registration process.
Fee Protection Scheme is compulsory and payable before course commencement.
Instalment payment potentially available for local students.
Medical insurance is optional, depending on whether student has equivalent local insurance coverage.

MISCELLANEOUS FEES (PAYABLE ONLY IF APPLICABLE)		
PURPOSE OF FEES		**AMOUNT INCLUDING GST (SGD)**
1	Deferment Fees	$ 239.80
2	Re-AssessmentFees ***(per unit)***	$ 163.50
3	Re-Module Fees ***(per module)***	$ 436.00
4	Penalty for Late Payment ***(per week)***	$ 10.90
5	ICA Online Issuance Fee ***(for Student's Pass)***	$ 60.00 - $ 90.00
6	Medical Insurance ***(if applicable)***	$ 98.10
7	IMSC T-Shirt	$ 32.70
8	Exam Appeal Fee	$ 54.50
9	Renewal of Student's Pass ***(including ICA processing & issuance fee)***	$ 120.00
10	Printing Cost ***(per sheet)***	$ 0.20 - $ 0.40

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About IMSC

Founded in 2003, IMSC stands as one of Singapore's pioneering private educational institutions. It emerged following the privatization of the education division within the former Singapore Sports Council.

We deliver tailored education solutions that transform students into globally competitive professionals and visionary entrepreneurs. Our programs are meticulously designed to align with high-growth industries, ensuring graduates not only secure opportunities but thrive in them.

During its founding days, IMSC was appointed by the United States Sports Academy (USSA) as its sole partner in Singapore to provide quality academic sports certifications and diplomas. Thereafter, IMSC continued to grow from strength to strength, and has diversified into providing professional certifications and education in multiple industries such as business management, hospitality and tourism, sports and wellness, logistics, and many others.

IMSC has persistently emphasized building a formidable international presence. It has attracted students from over 15 countries and has established academic and industry partnerships with esteemed institutions in China, Malaysia, Vietnam, England, Australia, and India. Today, IMSC's programmes can also be found in countries like Malaysia and China.

OUR MISSION

We are committed to becoming Asia's premier education innovator, empowering students with industry-aligned skills that transcend borders

OUR VISION

To lead Asia in building sustainable, global careers

OUR CULTURE

Where success is not quantified by just the result, but rather by the calibre of the pursuit.

OUR VALUES

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Why choose IMSC?

- Conferred Edutrust (4-Year) Award by the Committee for Private Education for maintaining high standards in providing quality education services.
- Appointed Education Partner by University of Portsmouth for Sports Science and Sports Management programmes.
- Named Most Preferred Private Education Institute for Diploma/Advanced Diploma (Sports and Recreation) by JobsCentral Learning Survey.
- Provides early industry exposure and job placement assistance through extensive industry network.
- Endorsed by leading industry employers such as Virgin Active, True Fitness, the Pure Group, BFT, among others.
- Offers continuing education courses for increasing skillsets.

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