INTERNATIONAL MANAGEMENT & SPORTS COLLEGE

223 Mountbatten Road #03-15/16/17/18 Singapore 398008



SCAN ME

Certificate in Fitness Management

WHY CHOOSE IMSC?

High Employability
Prepare students to meet the needs of the future industry

Industry Relevance
Industry experts to help keep our programmes relevant

Industry Recognition
Received endorsements from industry-leading organisations

International Partners
Established partnerships and worked with industry-leading education institutions

edutrust SINGAPORE

Certificate No. EDU-2-2149
Validity: 11 April 2026 to 10 April 2030

RCB No. 200305869C | Exp: 13 July 2026 - 12 July 2028

COURSE OVERVIEW

The Certificate in Fitness Management provides the skills and knowledge for an individual to be competent in a range of activities and functions requiring autonomous work within a defined range of exercise instruction situations and activities. This certificate will also provide the foundation for all learners looking to pursue higher academic education in the area of sports science and management.

JOB PROSPECTS

- Talent/Sports Development Manager
- Fitness Centre Manager
- Sports Administrator
- Strength and Conditioning Trainer
- Sport Scientist Assistant
- Sports Coach
- Fundamental Movement Skills Kids Trainer
- Gym Manager
- Community/School Coaches

@ IMSC
@ int.mgmt.and.sports.college

Visit us at : www.imsc.edu.sg/cert-in-fitness-management
Contact us at : +65 6423 0668 or info@imsc.edu.sg.

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Certificate in Fitness Managementt
www.imsc.edu.sg



Entry Requirements

Age	• Minimum 16 years old
Academic Qualification	• 3 GCE 'O' Level Passes at C6 and above • NITEC or Higher NITEC; or • Formal education equivalent to GCE 'O' Levels
English Language Proficiency	• GCE 'O' Level Pass in English at C6 and above; or • IELTS 5.0 and above; or • WPLN Literacy Level 5

Intake

Quarterly intake. Please contact IMSC for specific intake dates.

Fees *

Local Students	$ 3,597.00

*Including application fees and Fee Protection Scheme fees; excluding medical insurance (optional) and miscellaneous fees (payable only if applicable)

International Students	$ 4,218.30

*Including application fees, Fee Protection Scheme fees and medical insurance (compulsory); excluding miscellaneous fees (payable only if applicable)

Duration

Full - Time	(3 hours x 5 days a week)	3 Months
Part - Time	(3 hours x 3 days a week)	6 Months

COMPULSORY CORE MODULES

No.	Module Title
1	Basic Sports Science
2	Personal Training
3	Business Management
4	Research & Academic Writing

Enrollment

Contact IMSC at 6423 0668 or info@imsc.edu.sg.

Passion | Progress | Purpose

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MODULES DESCRIPTION

BASIC SPORTS SCIENCE

This module is designed to introduce various sports science concepts which will aid leaners in their pursuit of other sporting certifications and courses. During this course, learners will be introduced to the basic concepts in the following areas: Human Anatomy and Physiology, Sports Nutrition, Sports Biomechanics, Sports Psychology and Strength & Conditioning.

PERSONAL TRAINING

This module aims to equip learners with the necessary skills to communicate with clients and develop suitable training programmes according to their needs and goals. The learners will also understand the roles and legal responsibilities of a personal trainer.

BUSINESS MANAGEMENT

The aim of this module is to develop learners' understanding of businesses types and various external influences on organizations. This unit will also provide information that is essential to help prospective entrepreneurs in setting up their businesses.

RESEARCH & ACADEMIC WRITING

The aim of this unit is to provide learners with an understanding of the main factors influencing the development of the hospitality and tourism industry. Learners will develop the ability to analyse the factors affecting demand within the industry as well as knowledge of the main providers of goods and services in hospitality and tourism.

Enrollment

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INTERNATIONAL MANAGEMENT & SPORTS COLLEGE

Fees

LOCAL STUDENTS		
FEES BREAKDOWN		**AMOUNT INCLUDING GST (SGD)**
Academic Fees		
1	Course Fees	$ 3,270.00
	SUB - TOTAL :	**$ 3,270.00**
Others		
2	Application Fees - ***non-refundable***	$ 196.20
3	Fee Protection Scheme (FPS) - ***compulsory***	$ 130.80
	GRAND - TOTAL :	**$ 3,597.00**
4	Medical Insurance - ***optional***	$ 98.10
		$ 3,695.10

Note :

- *Application Fees have to be paid to begin the registration process.*
- *Fee Protection Scheme is compulsory and payable before course commencement.*
- *Instalment payment potentially available for local students.*
- *Medical insurance is optional, depending on whether student has equivalent local insurance coverage.*

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INTERNATIONAL MANAGEMENT & SPORTS COLLEGE

Fees

INTERNATIONAL STUDENTS		
FEES BREAKDOWN		**AMOUNT INCLUDING GST (SGD)**
Academic Fees		
1	Course Fees	$ 3,597.00
	SUB - TOTAL :	**$ 3,597.00**
Others		
2	Application Fees - ***non-refundable***	$ 392.40
3	Fee Protection Scheme (FPS) - ***compulsory***	$ 130.80
4	Medical Insurance - ***compulsory***	$ 98.10
	GRAND - TOTAL :	**$ 4,218.30**

Note :

- *Application Fees have to be paid to begin the registration process.*
- *All items except Application Fees must be paid in a single instalment before course commencement.*

Enrollment



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About IMSC

Founded in 2003, IMSC stands as one of Singapore's pioneering private educational institutions. It emerged following the privatization of the education division within the former Singapore Sports Council.

We deliver tailored education solutions that transform students into globally competitive professionals and visionary entrepreneurs. Our programs are meticulously designed to align with high-growth industries, ensuring graduates not only secure opportunities but thrive in them.

During its founding days, IMSC was appointed by the United States Sports Academy (USSA) as its sole partner in Singapore to provide quality academic sports certifications and diplomas. Thereafter, IMSC continued to grow from strength to strength, and has diversified into providing professional certifications and education in multiple industries such as business management, hospitality and tourism, sports and wellness, logistics, and many others.

IMSC has persistently emphasized building a formidable international presence. It has attracted students from over 15 countries and has established academic and industry partnerships with esteemed institutions in China, Malaysia, Vietnam, England, Australia, and India. Today, IMSC's programmes can also be found in countries like Malaysia and China.

OUR MISSION

We are committed to becoming Asia's premier education innovator, empowering students with industry-aligned skills that transcend borders

OUR VISION

To lead Asia in building sustainable, global careers

OUR CULTURE

Where success is not quantified by just the result, but rather by the calibre of the pursuit.

OUR VALUES

Passion | Progress | Purpose

Why choose IMSC?

- Conferred Edutrust (4-Year) Award by the Committee for Private Education for maintaining high standards in providing quality education services.
- Appointed Education Partner by University of Portsmouth for Sports Science and Sports Management programmes.
- Named Most Preferred Private Education Institute for Diploma/Advanced Diploma (Sports and Recreation) by JobsCentral Learning Survey.
- Provides early industry exposure and job placement assistance through extensive industry network.
- Endorsed by leading industry employers such as Virgin Active, True Fitness, the Pure Group, BFT, among others.
- Offers continuing education courses for increasing skillsets.

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