



SCAN ME

# Certificate in Nursing Aides in Healthcare

## WHY CHOOSE IMSC?



### High Employability

Prepare students to meet the needs of the future industry



### Industry Relevance

Industry experts to help keep our programmes relevant



### Industry Recognition

Received endorsements from industry-leading organisations



### International Partners

Established partnerships and worked with industry-leading education institutions



Cert No. : EDU-2-2149  
Validity : 11/04/2022 - 10/04/2026

RCB No. 200305869C | Exp: 13 July 2022 – 12 July 2026

## COURSE OVERVIEW

The aim for this programme is to introduce the learner on the requirements of becoming a Nursing Aid in the Healthcare Industry that comprise of clinical services, healthcare-related support services and roles of healthcare professionals in this industry. In addition, learners need to understand that the primary goal of a Nursing Aides is to provide quality patient care, while strongly advocating patient's individualized needs with empathy and communication skill.

## JOB PROSPECTS

- Certified Nursing Assistant (CNA)
- Home Health Aide (HHA)
- Rehabilitation Aide
- Assisted Living Facilities
- Outpatient Clinics
- School Health Aide

## Entry Requirements

Age	<ul style="list-style-type: none"> <li>Minimum 16 years old</li> </ul>
Academic Qualification	<ul style="list-style-type: none"> <li>3 GCE 'N' Level Passes at C6 and above; or</li> <li>NITEC or Higher NITEC; or</li> <li>Mature candidates (&gt;30 years old), at least 8 years of relevant work experience</li> <li>High School Graduation Certificate; or equivalent GCE</li> </ul>
English Language Proficiency	<ul style="list-style-type: none"> <li>GCE 'N' Level Pass in English at C6 and above; or</li> <li>IELTS 5.0 and above; or</li> <li>WPLN Literacy Level 5</li> </ul>

## Intake

Monthly intake. Please contact IMSC for specific intake dates.

## Fees \*

Local Students	\$ 2,550.60
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\*Including application fees and Fee Protection Scheme fees; excluding medical insurance (optional) and miscellaneous fees (payable only if applicable)

## Duration

Full - Time	2 Months (3 hours x 5 days a week)
Part - Time	6 Months (4 hours x 1 day a week)

## Enrollment



Contact IMSC at **6423 0668** or  
**info@imsc.edu.sg**.

### COMPULSORY CORE MODULES

No.	Module Title
1	Introduction to Nursing Aides
2	First Aid Certification for Nursing Aides
3	Basic Hygiene and Basic Infection Control for Nursing Aides
4	Personal and Daily Care for Elderly for Nursing Aides
5	Self-Care for Nursing Aides
6	Alzheimer's disease and dementia for Nursing Aides

## MODULES DESCRIPTION

### **INTRODUCTION TO NURSING AIDES**

An introduction to becoming a Nursing Aide in the Healthcare Industry that comprises of, clinical services, healthcare-related support services and the roles of healthcare professionals in this industry. In addition, students need to understand that the primary goal of a Nursing Aide is to provide quality patient care, while strongly advocating a patient's individualized needs with empathy and communication skills.

### **FIRST AID CERTIFICATION FOR NURSING AIDES**

The aim of this unit is to identify the underlying causes of different types of injuries, administer basic immediate first aid without any medical help, perform adult CPR and use the AED and learn foreign body airway obstruction (i.e. choking) management for a conscious or unconscious adult

### **BASIC HYGIENE AND BASIC INFECTION CONTROL FOR NURSING AIDES**

Proficiency in comprehending and delivering training on the importance of maintaining proper hygiene for clients/patients is a fundamental aspect of ensuring safety within healthcare environments. This encompasses various aspects, including correct handwashing techniques, the use of protective gloves, safeguarding the well-being of clients/patients by maintaining their facial and bodily hygiene, and providing education on common infections prevalent in healthcare facilities to Nursing Aides.

### **PERSONAL AND DAILY CARE FOR ELDERLY FOR NURSING AIDES**

Nursing Aides are trained to demonstrate skills in personal care such as assisting in dressing, bathing, assistance with meals and medication, while making a difference to the quality of life for the elderly. As Nursing Aide care is sensitive to the individual, Nursing Aides will be trained to be discreet and to take time to build a close rapport with their clients/patients to make sure it is a more individual and personal experience.

### **SELF-CARE FOR NURSING AIDES**

An initial exploration of the concept of self-care is provided to Nursing Aides. As these professionals may experience physical and emotional exhaustion in the course of their duties, they may encounter a range of health issues, including stress and various physical ailments. Stress, in particular, is a prevalent concern that can lead to burnout, characterized by symptoms such as irritability, fatigue, sleep disturbances, weight fluctuations, feelings of helplessness or hopelessness, and social isolation. Aides will be equipped with coping strategies, which include fostering self-compassion, prioritizing nutrition and quality sleep, and maintaining social connections as essential aspects of self-care.

### **ALZHEIMER'S DISEASE AND DEMENTIA FOR NURSING AIDES**

Awareness and understanding both diseases will provide Nursing Aides with additional support and assistance to work well with seniors. Seniors will be encouraged to be independent and to live a fulfilled life within their healthcare facilities. Nursing Aides will be trained to be competent in skills that will support Seniors with daily routine, and helping those with memory loss to remain independent. Nursing Aides will also be encouraged to show empathy and compassion with quality care using different strategies to support their patients.

## Enrollment



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## Fees

LOCAL STUDENTS		
FEES BREAKDOWN		AMOUNT INCLUDING GST (SGD)
<i>Academic Fees</i>		
<b>1</b>	Course Fees	\$ 1,700.40
<b>2</b>	Course Material Fees	\$ 196.20
<b>3</b>	Examination Fees	\$ 392.40
<b>SUB - TOTAL :</b>		<b>\$ 2,289.00</b>
<i>Others</i>		
<b>4</b>	Application Fees - <i>non-refundable</i>	\$ 196.20
<b>5</b>	Fee Protection Scheme (FPS) - <i>compulsory</i>	\$ 65.40
<b>GRAND - TOTAL :</b>		<b>\$ 2,550.60</b>
<b>6</b>	Medical Insurance - <i>optional</i>	\$ 98.10
		<b>\$ 2,648.70</b>
<p><i>Note :</i></p> <p><i>Application Fees have to be paid to begin the registration process.</i></p> <p><i>Fee Protection Scheme is compulsory and payable before course commencement.</i></p> <p><i>Instalment payment potentially available for local students.</i></p> <p><i>Medical insurance is optional, depending on whether student has equivalent local insurance coverage.</i></p>		

MISCELLANEOUS FEES (PAYABLE ONLY IF APPLICABLE)		
PURPOSE OF FEES		AMOUNT INCLUDING GST (SGD)
<b>1</b>	Deferment Fees	\$ 239.80
<b>2</b>	Re-Assessment Fees ( <i>per unit</i> )	\$ 163.50
<b>3</b>	Re-Module Fees ( <i>per module</i> )	\$ 436.00
<b>4</b>	Penalty for Late Payment ( <i>per week</i> )	\$ 10.90
<b>5</b>	ICA Online Issuance Fee ( <i>for Student's Pass</i> )	\$ 60.00 - \$ 90.00
<b>6</b>	Medical Insurance ( <i>if applicable</i> )	\$ 98.10
<b>7</b>	IMSC T-Shirt	\$ 32.70
<b>8</b>	Exam Appeal Fee	\$ 54.50
<b>9</b>	Renewal of Student's Pass ( <i>including ICA processing &amp; issuance fee</i> )	\$ 120.00
<b>10</b>	Printing Cost ( <i>per sheet</i> )	\$ 0.20 - \$ 0.40

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## About IMSC

The International Management and Sports College (IMSC) was formed after a rebranding exercise undertaken by the International Sports Academy (ISA).

ISA was founded in 2003 to provide the much-needed knowledge and skills required to empower individuals with the right tools to achieve success in the burgeoning sporting industry. Together with our partners from the United States Sports Academy, the National Strength and Conditioning Association, and the American Council on Exercise, we offer quality certifications and diplomas that are recognised internationally, to provide our students with an edge in the sports and fitness industry.

Over the years, the sports and fitness industry has evolved greatly and the local sports scene has seen an explosion of world-class sports events like Formula One and the WTA Finals. There is now a demand for trained personnel not just in sports and fitness, but also in tourism, hospitality, events management, marketing, retail, and facilities management. Thus ISA was renamed International Management and Sports College (IMSC) to better reflect our increased course offerings in business, tourism and hospitality management to better serve the changing needs of the industry.

IMSC will continue to serve as Singapore's and the region's premier private education institution, in providing a holistic education that equips individuals with the skillsets and competencies required for the future economy. We offer a series of quality academic programmes, professional certifications and continuing education courses to cater to varied needs and schedules, in helping our students achieve their goals in lifelong learning.

### **OUR MISSION**

We are committed to becoming Asia's premier education innovator, empowering students with industry-aligned skills that transcend borders

### **OUR CULTURE**

Where success is not quantified by just the result, but rather by the calibre of the pursuit.

### **OUR VISION**

To lead Asia in building sustainable, global careers

### **OUR VALUES**

Passion | Progress | Purpose

## Why choose IMSC?

- Conferred Edutrust (4-Year) Award by the Committee for Private Education for maintaining high standards in providing quality education services.
- Appointed Education Partner by University of Portsmouth for Sports Science and Sports Management programmes.
- Named Most Preferred Private Education Institute for Diploma/Advanced Diploma (Sports and Recreation) by JobsCentral Learning Survey.
- Provides early industry exposure and job placement assistance through extensive industry network.
- Endorsed by leading industry employers such as Virgin Active, True Fitness, the Pure Group, BFT, among others.
- Offers continuing education courses for increasing skillsets.

### Enrollment



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