

**SCAN ME**

# Diploma in Caregiving

## WHY CHOOSE IMSC?



### High Employability

Prepare students to meet the needs of the future industry



### Industry Relevance

Industry experts to help keep our programmes relevant



### Industry Recognition

Received endorsements from industry-leading organisations



### International Partners

Established partnerships and worked with industry-leading education institutions



Cert No. : EDU-2-2149  
Validity : 11/04/2022 - 10/04/2026

RCB No. 200305869C | Exp: 13 July 2022 - 12 July 2026

## COURSE OVERVIEW

This programme aims to introduce learners to the Healthcare Industry that comprises clinical services, healthcare-related support services and roles of healthcare professionals in this industry. In addition, this programme will also equip all learners with the skills and knowledge required to be an effective caregiver, and to administer primary care for the client/patient under his/her care. It will also provide all learners with a basic understanding of how hospital and healthcare facilities are set up.

## JOB PROSPECTS

- Healthcare Specialist / Healthcare Assistant
- Nurse
- Homecare Specialist
- Nursing Aide

## Entry Requirements

|                              |  |
|------------------------------|--|
| Age                          | <ul style="list-style-type: none"> <li>• Minimum 16 years old</li> </ul>   |
| Academic Qualification       | <ul style="list-style-type: none"> <li>• 3 GCE 'O' Level Passes at C6 and above; or</li> <li>• NITEC or Higher NITEC; or</li> <li>• Mature candidates (&gt;30 years old), at least 8 years of relevant work experience</li> <li>• High School Graduation Certificate; or equivalent</li> </ul> |
| English Language Proficiency | <ul style="list-style-type: none"> <li>• GCE 'O' Level Pass in English at C6 and above; or</li> <li>• IELTS 5.0 and above; or</li> <li>• WPLN Literacy Level 5</li> </ul>  |

## Intake

Quarterly intake. Please contact IMSC for specific intake dates.

## Fees \*

|   |             |
|---|-------------|
| Local Students  | \$ 7,687.44 |
| <small>*Including application fees and Fee Protection Scheme fees; excluding medical insurance (optional) and miscellaneous fees (payable only if applicable)</small> |             |
| International Students  | \$ 8,627.04 |
| <small>*Including application fees, Fee Protection Scheme fees and medical insurance (compulsory); excluding miscellaneous fees (payable only if applicable)</small>  |             |

## Duration

(3 hours x 5 days a week)

|   |                     |
|---|---------------------|
| Full - Time                               | 12                  |
| Capstone Project<br>( <b>compulsory</b> ) | Months<br>120 hours |

## Enrollment



Contact IMSC at **6423 0668** or  
**info@imsc.edu.sg**.

### COMPULSORY CORE MODULES

| No. | Module Title   |
|-----|--|
| 1   | Introduction to Caregiving and Understanding the Healthcare Industry                 |
| 2   | Becoming a 'Caregiver' and Understanding Effective Skills in the Healthcare Industry |
| 3   | Providing Care for Infant, Toddler and Children in the Healthcare Industry           |
| 4   | Providing Care for Aging Population in the Healthcare Industry                       |
| 5   | Common Illnesses and Infections Among Aging Population in the Healthcare Industry    |
| 6   | Nursing Home and Palliative or Hospice Care in the Healthcare Industry               |
| 7   | Exercise and Nutritional Interventions for Older Adults                              |
| 8   | Standard First Aid and Care  |



## MODULES DESCRIPTION

### **INTRODUCTION TO CAREGIVING AND UNDERSTANDING THE HEALTHCARE INDUSTRY**

This unit aims to introduce learners to the Healthcare Industry that comprises clinical services, healthcare-related support services and roles of healthcare professionals in this industry. In addition, to understand the primary goal as a caregiver to provide quality patient care, while strongly advocating patient's individualized needs.

### **BECOMING A 'CAREGIVER' AND UNDERSTANDING EFFECTIVE SKILLS IN THE HEALTHCARE INDUSTRY**

The aim of this unit is to introduce learners to becoming a caregiver and helping them through the journey with skills, including technical skills – the knowledge needed to perform specific tasks, and soft skills – the way to interact with people and solve problems.

### **PROVIDING CARE FOR INFANT, TODDLER AND CHILDREN IN THE HEALTHCARE INDUSTRY**

The aim of this unit is to introduce learners to : The theory underpinning growth and development in childhood and ; The role of the children's caregiver while communicating with infants, toddlers and children.

### **PROVIDING CARE FOR AGING POPULATION IN THE HEALTHCARE INDUSTRY**

The aim of this unit is to introduce learners to the theories and functions of caregivers working with the aging population. To provide effective community care through the introduction of appropriate exercises and healthy behaviours for seniors to enhance their physical health, emotional and mental resilience, and social activeness.

### **COMMON ILLNESSES AND INFECTIONS AMONG AGING POPULATION IN THE HEALTHCARE INDUSTRY**

The aim of this module is to equip learners with knowledge of common illnesses, infections and control. Understanding common illnesses among the aging generation and caregivers' responsibilities of accountability to implement and monitor infection control and procedures that are appropriately adapted.

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## MODULES DESCRIPTION

### **NURSING HOME AND PALLIATIVE OR HOSPICE CARE IN THE HEALTHCARE INDUSTRY**

The aim of this module is to provide learners with a broad introduction to residential care for patients in the industry. These facilities will provide short-term or long-term care with assistance to residents who need help in most of their activities of daily living and/or have daily nursing care needs. Palliative and hospice care provides specialized medical care for people living with a serious illness.

### **EXERCISE AND NUTRITIONAL INTERVENTIONS FOR OLDER ADULTS**

The aim of this unit is to introduce learners to : The physiological changes of aging and its implications on the function of the human body ; Create personalized training programs to improve functionality in older adults and ; Evaluate suitable nutritional interventions for various chronic conditions and diseases.

### **STANDARD FIRST AID AND CARE**

The aim of this unit is to introduce learners to : Identify the underlying causes of different types of injuries ; Administer basic immediate first aid without any medical help ; Perform adult CPR and use the AED and ; Learn foreign body airway obstruction (i.e. choking) management for a conscious or unconscious adult.

### **CAPSTONE PROJECT**

This unit is the final project where learners have hands-on experience to design and implement a care plan for a patient / client. During this unit, the learner will also be expected to undertake real-life observation of how a professional care giver executes the care plan for said patient / client. This will culminate in the preparation of an observation report where the learner will be expected to present his/her findings during the observation, and the adequacy of his/her care plan.

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## Fees

| LOCAL STUDENTS  |   |                            |
|---|---|----------------------------|
| FEES BREAKDOWN  |   | AMOUNT INCLUDING GST (SGD) |
| <i>Academic Fees</i>  |   |                            |
| <b>1</b>  | Course Fees                                     | \$ 5,616.00                |
| <b>2</b>  | Course Material Fees                            | \$ 864.00                  |
| <b>3</b>  | Examination Fees                                | \$ 864.00                  |
| <b>SUB - TOTAL :</b>  |   | <b>\$7,344.00</b>          |
| <i>Others</i>   |   |                            |
| <b>4</b>  | Application Fees - <i>non-refundable</i>        | \$ 194.40                  |
| <b>5</b>  | Fee Protection Scheme (FPS) - <i>compulsory</i> | \$ 149.04                  |
| <b>GRAND - TOTAL :</b>  |   | <b>\$ 7,687.44</b>         |
| <b>6</b>  | Medical Insurance - <i>optional</i>             | \$ 97.20                   |
|   |   | <b>\$ 7,784.64</b>         |
| Note : <ul style="list-style-type: none"> <li>• Application Fees have to be paid to begin the registration process.</li> <li>• Fee Protection Scheme is compulsory and payable before course commencement.</li> <li>• Instalment payment potentially available for local students.</li> <li>• Medical insurance is optional, depending on whether student has equivalent local insurance coverage.</li> </ul> |   |                            |

| MISCELLANEOUS FEES (PAYABLE ONLY IF APPLICABLE) |  |                            |
|---|--|----------------------------|
| PURPOSE OF FEES                                 |  | AMOUNT INCLUDING GST (SGD) |
| <b>1</b>  | Deferment Fees   | \$ 237.60                  |
| <b>2</b>  | Re-Assessment Fees ( <i>per unit</i> )   | \$ 172.80                  |
| <b>3</b>  | Re-Module Fees ( <i>per module</i> )   | \$ 432.00                  |
| <b>4</b>  | Penalty for Late Payment ( <i>per week</i> )                                     | \$ 10.80                   |
| <b>5</b>  | ICA Online Issuance Fee ( <i>for Student's Pass</i> )                            | \$ 60.00 - \$ 90.00        |
| <b>6</b>  | Replacement of Student ID  | \$ 21.60                   |
| <b>7</b>  | Medical Insurance ( <i>if applicable</i> )                                       | \$ 97.20                   |
| <b>8</b>  | IMSC T-Shirt   | \$ 32.40                   |
| <b>9</b>  | Exam Appeal Fee  | \$ 54.00                   |
| <b>10</b>                                       | Renewal of Student's Pass ( <i>including ICA processing &amp; issuance fee</i> ) | \$ 120.00                  |
| <b>11</b>                                       | Printing Cost ( <i>per sheet</i> )   | \$ 0.20 - \$ 0.40          |

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## Fees

| INTERNATIONAL STUDENTS  |   |                            |
|---|---|----------------------------|
| FEES BREAKDOWN  |   | AMOUNT INCLUDING GST (SGD) |
| <i>Academic Fees</i>  |   |                            |
| <b>1</b>  | Course Fees                                     | \$ 6,264.00                |
| <b>2</b>  | Course Material Fees                            | \$ 864.00                  |
| <b>3</b>  | Examination Fees                                | \$ 864.00                  |
| <b>SUB - TOTAL :</b>  |   | <b>\$ 7,992.00</b>         |
| <i>Others</i>   |   |                            |
| <b>4</b>  | Application Fees - <i>non-refundable</i>        | \$ 388.80                  |
| <b>5</b>  | Fee Protection Scheme (FPS) - <i>compulsory</i> | \$ 149.04                  |
| <b>6</b>  | Medical Insurance - <i>optional</i>             | \$ 97.20                   |
| <b>GRAND - TOTAL :</b>  |   | <b>\$ 8,627.04</b>         |
| <b>GRAND - TOTAL :</b>  |   |                            |
| Note : <ul style="list-style-type: none"> <li>• Application Fees have to be paid to begin the registration process.</li> <li>• All items except Application Fees must be paid in a single instalment before course commencement.</li> </ul> |   |                            |

| MISCELLANEOUS FEES (PAYABLE ONLY IF APPLICABLE) |  |                            |
|---|--|----------------------------|
| PURPOSE OF FEES                                 |  | AMOUNT INCLUDING GST (SGD) |
| <b>1</b>  | Deferment Fees   | \$ 237.60                  |
| <b>2</b>  | Re-Assessment Fees ( <i>per unit</i> )   | \$ 172.80                  |
| <b>3</b>  | Re-Module Fees ( <i>per module</i> )   | \$ 432.00                  |
| <b>4</b>  | Penalty for Late Payment ( <i>per week</i> )                                     | \$ 10.80                   |
| <b>5</b>  | ICA Online Issuance Fee ( <i>for Student's Pass</i> )                            | \$ 60.00 - \$ 90.00        |
| <b>6</b>  | Replacement of Student ID  | \$ 21.60                   |
| <b>7</b>  | Medical Insurance ( <i>if applicable</i> )                                       | \$ 97.20                   |
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## About IMSC

The International Management and Sports College (IMSC) was formed after a rebranding exercise undertaken by the International Sports Academy (ISA).

ISA was founded in 2003 to provide the much-needed knowledge and skills required to empower individuals with the right tools to achieve success in the burgeoning sporting industry. Together with our partners from the United States Sports Academy, the National Strength and Conditioning Association, and the American Council on Exercise, we offer quality certifications and diplomas that are recognised internationally, to provide our students with an edge in the sports and fitness industry.

Over the years, the sports and fitness industry has evolved greatly and the local sports scene has seen an explosion of world-class sports events like Formula One and the WTA Finals. There is now a demand for trained personnel not just in sports and fitness, but also in tourism, hospitality, events management, marketing, retail, and facilities management. Thus ISA was renamed International Management and Sports College (IMSC) to better reflect our increased course offerings in business, tourism and hospitality management to better serve the changing needs of the industry.

IMSC will continue to serve as Singapore's and the region's premier private education institution, in providing a holistic education that equips individuals with the skillsets and competencies required for the future economy. We offer a series of quality academic programmes, professional certifications and continuing education courses to cater to varied needs and schedules, in helping our students achieve their goals in lifelong learning.

### **OUR MISSION**

To provide a holistic education that equips individuals with the skillsets and competencies required for the industry.

### **OUR CULTURE**

Where success is not quantified by just the result, but rather by the calibre of the pursuit.

### **OUR VISION**

To develop industry-ready individuals for the future economy.

### **OUR VALUES**

Passion | Progress | Purpose

## Why choose IMSC?

- Conferred Edutrust (4-Year) Award by the Committee for Private Education for maintaining high standards in providing quality education services.
- Appointed Education Partner by University of Portsmouth for Sports Science and Sports Management programmes.
- Named Most Preferred Private Education Institute for Diploma/Advanced Diploma (Sports and Recreation) by JobsCentral Learning Survey.
- Provides early industry exposure and job placement assistance through extensive industry network.
- Endorsed by leading industry employers such as Virgin Active, True Fitness, the Pure Group, BFT, among others.
- Offers continuing education courses for increasing skillsets.

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