

 Scan Me

# Diploma in Sport Science and Management

## WHY CHOOSE IMSC?



### High Employability

Prepare students to meet the needs of the future industry



### Industry Relevance

Industry experts to help keep our programmes relevant



### Industry Recognition

Received endorsements from industry-leading organisations



### International Partners

Established partnerships and worked with industry-leading education institutions

## COURSE OVERVIEW

The Diploma in Sports Science and Management is designed to provide well-rounded knowledge and skills in the area of Sports Science and Sports Management. At the end of the course, students will demonstrate both practical and theoretical understanding of various topics in these fields. This will provide a strong foundation for further education and also prepare students for work in the industry.

## JOB PROSPECTS

- Competition Manager
- Talent/Sports Development Manager
- Sports Administrator
- Sports Marketing Executive
- Sports/Events Management Executive
- Sports Scientist
- Exercise Physiologist
- Fitness Centre Manager
- Strength and Conditioning Trainer
- Sports Therapist
- Gym Manager
- Sports Coach
- Health Promotion Specialist



Cert No. : EDU-2-2149  
Validity : 11/04/2022 - 10/04/2026

RCB No. 200305869C | Exp: 13 July 2022 - 12 July 2026



@ IMSC



@ int.mgmt.and.sports.college

Visit us at : [www.imsc.edu.sg/imscdip-sport-science-mgmt](http://www.imsc.edu.sg/imscdip-sport-science-mgmt)

Contact us at : +65 6423 0668 or [info@imsc.edu.sg](mailto:info@imsc.edu.sg).



## Entry Requirements

Age	<ul style="list-style-type: none"> <li>Minimum 17 years old</li> </ul>
Academic Qualification	<ul style="list-style-type: none"> <li>1 GCE 'A' Level Pass; or</li> <li>Diploma Graduate; or</li> <li>Grade 12 Certificate; or equivalent</li> </ul>
English Language Proficiency	<ul style="list-style-type: none"> <li>GCE 'O' Level Pass in English at C6 and above; or</li> <li>IELTS 5.5 and above; or</li> <li>TOEFL 56 and above; or</li> <li>Pearson Test of English (PTEA) 48 and above; or</li> <li>Duolingo English Test Score (DET) score of 85 and above; or</li> <li>Pass in IMSC Language Literacy and Numeracy (LLN) Test</li> </ul>

## Intake

Quarterly intake. Please contact IMSC for specific intake dates.

## Fees \*

Local Students	\$ 6420.00
International Students	\$ 7276.00

\*excluding application fees, Fee Protection Scheme fees and miscellaneous fees (payable only if applicable)

## Duration

(3 - 4 hours x 5 days a week)

Full - Time	6 Months
Part - Time	8 Months
Industrial Attachment ( <i>compulsory</i> )	Up to 6 Months

## Recognitions

Students who complete IMSC's Diploma in Sports Science and Management will obtain direct waiver from Coach SG for the following programmes:

1. Foundational Sports Science (FSS)
2. Intermediate Sports Science (ISS)

## Enrollment



Contact IMSC at **6423 0668** or  
[info@imsc.edu.sg](mailto:info@imsc.edu.sg).

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### COMPULSORY CORE MODULES

No.	Module Title
1	Sport Administration
2	Sport Marketing
3	Sports Facilities and Events Management
4	Human Anatomy and Physiology
5	Sport Psychology
6	Sport Nutrition
7	Strength and Conditioning
8	Biomechanics and Sport Technology



## MODULES DESCRIPTION

### **SPORT ADMINISTRATION**

Organisations are constantly in demand for information and expertise to help make big decisions. Learners will be taught the recognized duties of management positions, from an overview of basic supervision skills to focuses on contemporary issues. This module prepares the prospective sport administrator a comprehensive and contemporary introduction to administration, organization, and management principles and their applications in the broad sports settings.

### **SPORT MARKETING**

Sports Marketing focuses on promotion of sports events, team, products and services through sporting events and teams. Today, it even ventures out of sporting events into the corporate world. This module provide learners with knowledge of topics include advertising, promotions, public relations, location, pricing, sponsorships, licensing, market segmentation, and the role of research.

### **SPORTS FACILITIES AND EVENTS MANAGEMENT**

This module involves the study of the principles, guidelines, and recommendations for planning, constructing and maintaining indoor or outdoor sports and fitness facilities. It also examines the principles and skills needed to management sport facilities and the events occurring within them.

### **HUMAN ANATOMY AND PHYSIOLOGY**

This module studies the structure and function of several systems of the human body. Anatomy and physiology understanding forms the fundamentals of various other topics related to sport and exercise fitness. Learners will be exposed to metabolic processes, many body systems, homeostatic control mechanisms and adaptations during exercise.

### **SPORT PSYCHOLOGY**

Sport performance depends on several sport science disciplines. Sport psychology is one that focuses on the experiences, motivation, adherence and mental skills related to sport and exercise. This module aims to provide understanding on psychological concepts and factors that would influence exercise participation and sport performance.

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## MODULES DESCRIPTION

### SPORT NUTRITION

Sport performers are seeking out every opportunity to improve their sporting achievements. As a result, some are engaging in sports nutrition for optimization of sport and exercise performance. This module aims to provide understanding to principles of nutrition and how these strategies can aid in the enhancement of sport and for health.

### STRENGTH AND CONDITIONING

Muscular strength is important for activities of daily living, bone health and better metabolism and posture. Strength training is bread and butter in athletic development, but it should be done with specific plan and purpose. This module aims to provide concept and practice-based understanding of muscular fitness and conditioning, use of periodization and development for different sport and exercise participants.

### BIOMECHANICS AND SPORTS TECHNOLOGY

Sport biomechanics is a study of mechanical laws related to the movement or structure of the human body in sporting context. This topic allows us to gain understanding of athletic events through measurements and analysis. This module provide learners the basic mechanical concepts, laboratory equipment and software to study human movements.

### INDUSTRIAL ATTACHMENT\*

Upon completion of all 8 modules, students are required to undertake 6 months of an industrial attachment with an organization of their choice. Students will be required to submit reports and evaluations during the attachment.

### FINAL PROJECT

Students who are unable to secure an Industrial Attachment can opt for the Final Project as a replacement. Students will be required to complete a research paper and do a presentation on a topic of their choice under the guidance of a lecturer.

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## Fees

LOCAL STUDENTS		
FEES BREAKDOWN		AMOUNT INCLUDING GST (SGD)
<i>Academic Fees</i>		
<b>1</b>	Course Fees	\$ 5,136.00
<b>2</b>	Course Material Fees	\$ 428.00
<b>3</b>	Examination Fees	\$ 856.00
<b>SUB - TOTAL :</b>		<b>\$ 6,420.00</b>
<i>Others</i>		
<b>4</b>	Application Fees - <i>non-refundable</i>	\$ 192.60
<b>5</b>	Fee Protection Scheme (FPS) - <i>compulsory</i>	\$ 128.40
<b>6</b>	Medical Insurance - <i>optional</i>	\$ 96.30
<b>GRAND - TOTAL :</b>		<b>\$ 6,837.30</b>
Note : <ul style="list-style-type: none"> <li>• Application Fees have to be paid to begin the registration process.</li> <li>• Fee Protection Scheme is compulsory and payable before course commencement.</li> <li>• Instalment payment potentially available for local students.</li> <li>• Medical insurance is optional, depending on whether student has equivalent local insurance coverage.</li> </ul>		

MISCELLANEOUS FEES (PAYABLE ONLY IF APPLICABLE)		
PURPOSE OF FEES		AMOUNT INCLUDING GST (SGD)
<b>1</b>	Deferment Fees	\$ 235.40
<b>2</b>	Re-Assessment Fees ( <i>per module</i> )	\$ 160.50
<b>3</b>	Re-Module Fees ( <i>per module</i> )	\$ 428.00
<b>4</b>	Penalty for Late Payment ( <i>per week</i> )	\$ 10.70
<b>5</b>	ICA Online Issuance Fee ( <i>for Student's Pass</i> )	\$ 90.00
<b>6</b>	Replacement of Student ID	\$ 21.40
<b>7</b>	Medical Insurance ( <i>if applicable</i> )	\$ 96.30
<b>8</b>	IMSC T-Shirt	\$ 32.10

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## Fees

INTERNATIONAL STUDENTS		
FEES BREAKDOWN		AMOUNT INCLUDING GST (SGD)
<i>Academic Fees</i>		
<b>1</b>	Course Fees	\$ 5,992.00
<b>2</b>	Course Material Fees	\$ 428.00
<b>3</b>	Examination Fees	\$ 856.00
<b>SUB - TOTAL :</b>		<b>\$ 7,276.00</b>
<i>Others</i>		
<b>4</b>	Application Fees - <i>non-refundable</i>	\$ 385.20
<b>5</b>	Fee Protection Scheme (FPS) - <i>compulsory</i>	\$ 145.50
<b>6</b>	Banker's Guarantee	\$ 280.00
<b>7</b>	Medical Insurance - <i>compulsory</i>	\$ 96.30
<b>GRAND - TOTAL :</b>		<b>\$ 8,183.00</b>
Note : <ul style="list-style-type: none"> <li>• Application Fees have to be paid to begin the registration process.</li> <li>• All items except Application Fees must be paid in a single instalment before course commencement.</li> </ul>		

MISCELLANEOUS FEES (PAYABLE ONLY IF APPLICABLE)		
PURPOSE OF FEES		AMOUNT INCLUDING GST (SGD)
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## About IMSC

The International Management and Sports College (IMSC) was formed after a rebranding exercise undertaken by the International Sports Academy (ISA).

ISA was founded in 2003 to provide the much-needed knowledge and skills required to empower individuals with the right tools to achieve success in the burgeoning sporting industry. Together with our partners from the United States Sports Academy, the National Strength and Conditioning Association, and the American Council on Exercise, we offer quality certifications and diplomas that are recognised internationally, to provide our students with an edge in the sports and fitness industry.

Over the years, the sports and fitness industry has evolved greatly and the local sports scene has seen an explosion of world-class sports events like Formula One and the WTA Finals. There is now a demand for trained personnel not just in sports and fitness, but also in tourism, hospitality, events management, marketing, retail, and facilities management. Thus ISA was renamed International Management and Sports College (IMSC) to better reflect our increased course offerings in business, tourism and hospitality management to better serve the changing needs of the industry.

IMSC will continue to serve as Singapore's and the region's premier private education institution, in providing a holistic education that equips individuals with the skillsets and competencies required for the future economy. We offer a series of quality academic programmes, professional certifications and continuing education courses to cater to varied needs and schedules, in helping our students achieve their goals in lifelong learning.



### OUR MISSION

To provide a holistic education that equips individuals with the skillsets and competencies required for the industry.



### OUR VISION

To develop industry-ready individuals for the future economy.



### OUR CULTURE

Where success is not quantified by just the result, but rather by the calibre of the pursuit.



### OUR VALUES

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## Why choose IMSC?

- Conferred Edutrust (4-Year) Award by the Committee for Private Education for maintaining high standards in providing quality education services.
- Recognised as an Approved Centre by OTHM Qualifications, which are approved and regulated by Ofqual in the UK.
- Appointed Education Partner by University of Portsmouth for Sports Science and Sports Management programmes.
- Named Most Preferred Private Education Institute for Diploma/Advanced Diploma (Sports and Recreation) by JobsCentral Learning Survey.
- Provides early industry exposure and job placement assistance through extensive industry network.
- Endorsed by leading industry employers such as Virgin Active, True Fitness, the Pure Group, Triple Fit, among others.
- Offers continuing education courses for increasing skillsets.

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