Diploma in Sport Science and Management

The IMSC Diploma in Sports Science and Management is designed to provide well-rounded knowledge and skills in the area of Sports Science and Sports Management. The programme will require students to demonstrate both practical and theoretical understanding of various topics in these fields. This will provide a strong foundation for further education and also prepare students for work in the industry.

International Management & Sports College Pte Ltd
(65) 6423 0668
info@imsc.edu.sg
www.imsc.edu.sg
1 Stadium Place, #01-11
(S) 397628
RCB No. 200305869C | Exp: 13 July 2018 – 12 July 2022

PREFERRED PRIVATE EDUCATION INSTITUTE
JobsCentral Learning Survey 2015/16
edutrust SINGAPORE
Cert No. : EDU-2-2100
Validity : 07/06/2017 - 06/06/2021

Job Prospects

- Competition Manager
- Talent/Sports Development Manager
- Sports Administrator
- Sports Marketing Executive
- Sports/Events Management Executive
- Sports Scientist
- Exercise Physiologist
- Fitness Centre Manager
- Strength and Conditioning Trainer
- Sports Therapist
- Gym Manager
- Sports Coach
- Health Promotion Specialist

Entry Requirements

Age	Minimum 16 years old
Academic Qualification	• 3 GCE 'O' Level Passes at C6 and above; or • NITEC or Higher NITEC; or • Formal education equivalent to 'O' Levels
English Language Proficiency	• GCE 'O' Level Pass in English at C6 and above; or • IELTS 5.0 and above

Intake

Quarterly intake. Please contact IMSC for specific intake dates.

Course Duration

Academic Instruction (6 months)	No. of days per week	5
	No. of hours per day	3-4
	The number of hours stated above are subject to change. Students will be eligible for the course as long as they fulfil the requisite number of hours, and successfully complete all the assessments as required of them.	
Industrial Attachment (Up to 6 months)	Upon completion of all 8 modules, students are required to attend an Industrial Attachment (IA). However, if students are unable to secure an IA, they will be given the option to complete a Final Project (FP).	

Delivery Methods

- Classroom
- Theory
- Practical

Assessment Methods

Assessments may take the form of one or more of the following:

- Question and Answer
- Written and/or Oral Examinations
- Observations
- Simulations
- Panel of Workplace Presenters
- Third Party Report
- Role Plays
- Practical Demonstrations and Assessments
- Projects and/or Case Studies

International Management & Sports College Pte Ltd
(65) 6423 0668
info@imsc.edu.sg
www.imsc.edu.sg
1 Stadium Place, #01-11
(S) 397628
RCB No. 200305869C | Exp: 13 July 2018 – 12 July 2022

PREFERRED PRIVATE EDUCATION INSTITUTE
JobsCentral Learning Survey 2015/16
edutrust SINGAPORE
Cert No. : EDU-2-2100
Validity : 07/06/2017 - 06/06/2021

Recognition of Prior Learning

Recognition of Prior Learning (RPL) is a process where a candidate may be granted credit or partial credit towards a qualification in recognition of skills and knowledge gained through work experience and/or formal training. For additional information relating to RPL for this course, please contact IMSC.

Enrollment

Contact IMSC at 6423 0668 or info@imsc.edu.sg.

International Management & Sports College Pte Ltd
(65) 6423 0668
info@imsc.edu.sg
www.imsc.edu.sg
1 Stadium Place, #01-11
(S) 397628
RCB No. 200305869C | Exp: 13 July 2018 – 12 July 2022

PREFERRED PRIVATE EDUCATION INSTITUTE
JobsCentral Learning Survey 2015/16
edutrust SINGAPORE
Cert No. : EDU-2-2100
Validity : 07/06/2017 - 06/06/2021

Course Outline

Academic Instruction (6 months)	Total no. of modules	8 modules
	No. of contact hours per module	40 hours
	Total contact hours	8 modules x 40 hours = 320 hours
Industrial Attachment (Up to 6 months)	Upon completion of all 6 modules, students are required to attend an Industrial Attachment (IA). However, if students are unable to secure an IA, they will be given the option to complete a Final Project (FP).	

Compulsory Core Modules

Module Code	Module Title
M1	Sport Administration
M2	Sport Marketing
M3	Sports Facilities and Events Management
S1	Human Anatomy and Physiology
S2	Sport Psychology
S3	Sport Nutrition
S4	Strength and Conditioning
S5	Biomechanics and Sports Technology
IA*	Industrial Attachment

Module Description

M1 – Sport Administration

Organisations are constantly in demand for information and expertise to help make big decisions. Learners will be taught the recognized duties of management positions, from an overview of basic supervision skills to focuses on contemporary issues. This module prepares the prospective sport administrator a comprehensive and contemporary introduction to administration, organization, and management principles and their applications in the broad sports settings.

M2 – Sport Marketing

Sports Marketing focuses on promotion of sports events, team, products and services through sporting events and teams. Today, it even ventures out of sporting events into the corporate world. This module provide learners with knowledge of topics include advertising, promotions, public relations, location, pricing, sponsorships, licensing, market segmentation, and the role of research.

M3 – Sports Facilities and Events Management

This module involves the study of the principles, guidelines, and recommendations for planning, constructing and maintaining indoor or outdoor sports and fitness facilities. It also examines the principles and skills needed to management sport facilities and the events occurring within them.

S1 – Human Anatomy and Physiology

This module studies the structure and function of several systems of the human body. Anatomy and physiology understanding forms the fundamentals of various other topics related to sport and exercise fitness. Learners will be exposed to metabolic processes, many body systems, homeostatic control mechanisms and adaptations during exercise.

International Management & Sports College Pte Ltd
(65) 6423 0668
info@imsc.edu.sg
www.imsc.edu.sg
1 Stadium Place, #01-11
(S) 397628
RCB No. 200305869C | Exp: 13 July 2018 – 12 July 2022

PREFERRED PRIVATE EDUCATION INSTITUTE
JobsCentral Learning Survey 2015/16
edutrust SINGAPORE
Cert No. : EDU-2-2100
Validity : 07/06/2017 - 06/06/2021

S2 – Sport Psychology	Sport performance depends on several sport science disciplines. Sport psychology is one that focuses on the experiences, motivation, adherence and mental skills related to sport and exercise. This module aims to provide understanding on psychological concepts and factors that would influence exercise participation and sport performance.
S3 – Sport Nutrition	Sport performers are seeking out every opportunity to improve their sporting achievements. As a result, some are engaging in sports nutrition for optimization of sport and exercise performance. This module aims to provide understanding to principles of nutrition and how these strategies can aid in the enhancement of sport and for health.
S4 – Strength and Conditioning	Muscular strength is important for activities of daily living, bone health and better metabolism and posture. Strength training is bread and butter in athletic development, but it should be done with specific plan and purpose. This module aims to provide concept and practice-based understanding of muscular fitness and conditioning, use of periodization and development for different sport and exercise participants.
S5 – Biomechanics and Sports Technology	Sport biomechanics is a study of mechanical laws related to the movement or structure of the human body in sporting context. This topic allows us to gain understanding of athletic events through measurements and analysis. This module provide learners the basic mechanical concepts, laboratory equipment and software to study human movements.
IA – Industrial Attachment*	Upon completion of all 8 modules, students are required to undertake 6 months of an industrial attachment with an organization of their choice. Students will be required to submit reports and evaluations during the attachment.
FP – Final Project	Students who are unable to secure an Industrial Attachment can opt for the Final Project as a replacement. Students will be required to complete a research paper and do a presentation on a topic of their choice under the guidance of a lecturer.

International Management & Sports College Pte Ltd
(65) 6423 0668
info@imsc.edu.sg
www.imsc.edu.sg
1 Stadium Place, #01-11
(S) 397628
RCB No. 200305869C | Exp: 13 July 2018 – 12 July 2022

PREFERRED PRIVATE EDUCATION INSTITUTE
JobsCentral Learning Survey 2015/16
edutrust SINGAPORE
Cert No. : EDU-2-2100
Validity : 07/06/2017 - 06/06/2021

Fees

LOCAL STUDENTS		
Fees Breakdown		**Amount including 7% GST (SGD)**
Academic Fees		
1	Course Fees	5,136.00
2	Course Material Fees	428.00
3	Examination Fees	856.00
	Sub-Total:	**6, 420.00**
Others		
4	Application Fees (non-refundable)	192.60
5	Fee Protection Scheme (FPS) (compulsory)	128.40
6	Medical Insurance (optional)	96.30
	Grand Total:	**6, 837.30**

Note:

- Application Fees ($192.60) have to be paid to begin the registration process.
- Fee Protection Scheme is compulsory and payable before course commencement.
- Instalment payment potentially available for local students.
- Medical insurance is optional, depending on whether student has equivalent local insurance coverage.

INTERNATIONAL STUDENTS		
Fees Breakdown		**Amount including 7% GST (SGD)**
Academic Fees		
1	Course Fees	5,992.00
2	Course Material Fees	428.00
3	Examination Fees	856.00
	Sub-Total:	**7,276.00**
Others		
4	Application Fees (non-refundable)	385.20
5	Fee Protection Scheme (FPS) (compulsory)	145.50
6	Medical Insurance (compulsory)	96.30
	Grand Total:	**7,903.00**

Note:

- Application Fees ($385.20) have to be paid to begin the registration process.
- All items except 4 must be paid in a single instalment before course commencement.

MISCELLANEOUS FEES (payable only if applicable)		
Purpose of Fees		**Amount including 7% GST (SGD)**
1	Deferment Fees	235.40
2	Re-Assessment Fees (per module)	214.00
3	Re-Module Fees (per module)	856.00
4	Penalty for Late Payment (per week)	10.70
5	ICA Online Issuance Fee (for Student's Pass)	90.00
6	Replacement of Student ID	21.40
7	Medical Insurance (if applicable)	96.30
8	IMSC T-Shirt	32.10

International Management & Sports College Pte Ltd
(65) 6423 0668
info@imsc.edu.sg
www.imsc.edu.sg
1 Stadium Place, #01-11
(S) 397628
RCB No. 200305869C | Exp: 13 July 2018 – 12 July 2022

PREFERRED PRIVATE EDUCATION INSTITUTE
JobsCentral Learning Survey 2015/16
edutrust SINGAPORE
Cert No. : EDU-2-2100
Validity : 07/06/2017 - 06/06/2021

About IMSC

The International Management and Sports College (IMSC) was formed after a rebranding exercise undertaken by the International Sports Academy (ISA).

ISA was founded in 2003 to provide the much-needed knowledge and skills required to empower individuals with the right tools to achieve success in the burgeoning sporting industry. Together with our partners from the United States Sports Academy, the Australian Sports Academy, the National Strength and Conditioning Association, and the American Council on Exercise, we offer quality certifications and diplomas that are recognised internationally, to provide our students with an edge in the sports and fitness industry.

Over the years, the sports and fitness industry has evolved greatly and the local sports scene has seen an explosion of world class sports events like Formula One and the WTA Finals. There is now a demand for trained personnel not just in sports and fitness, but also in tourism, hospitality, events management, marketing, retail, and facilities management. Thus ISA was renamed International Management and Sports College (IMSC) to better reflect our increased course offerings in business, tourism and hospitality management to better serve the changing needs of the industry.

IMSC will continue to serve as Singapore's and the region's premier private education institution, in providing a holistic education that equips individuals with the skillsets and competencies required for the future economy. We offer a series of quality academic programmes, professional certifications and continuing education courses to cater to varied needs and schedules, in helping our students achieve their goals in lifelong learning.

Our Mission

To provide a holistic education that equips individuals with the skillsets and competencies required for the industry.

Our Vision

To develop industry-ready individuals for the future economy.

Our Values

Passion | Progress | Purpose

Our Culture

Where success is not quantified by just the result, but rather by the calibre of the pursuit.

- Conferred Edutrust (4-Year) Award by the Committee for Private Education for maintaining high standards in providing quality education services.
- Recognised as an Approved Centre by OTHM Qualifications, which are approved and regulated by Ofqual in the UK.
- Named Most Preferred Private Education Institute for Diploma/Advanced Diploma (Sports and Recreation) by JobsCentral Learning Survey.
- Provides early industry exposure and job placement assistance through extensive industry network.
- Endorsed by leading industry employers such as Virgin Active, True Fitness, the Pure Group, Triple Fit, among others.
- Appointed Education Partner and Approved Provider in Singapore by the American Council on Exercise (ACE).
- Offers continuing education courses for increasing skillsets.

International Management & Sports College Pte Ltd
(65) 6423 0668
info@imsc.edu.sg
www.imsc.edu.sg
1 Stadium Place, #01-11
(S) 397628
RCB No. 200305869C | Exp: 13 July 2018 – 12 July 2022

PREFERRED PRIVATE EDUCATION INSTITUTE
JobsCentral Learning Survey 2015/16
edutrust SINGAPORE
Cert No. : EDU-2-2100
Validity : 07/06/2017 - 06/06/2021